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# Traditional medicinal knowledge about *Crociosema plebeiana* Zell. (Lepidoptera: Eucosmidae) feeding on Gulkhaira (*Althaea officinalis*) in Chhattisgarh, India. Updated Version.

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Traditional medicinal knowledge about *Crociosema plebeiana* Zell. (Lepidoptera: Eucosmidae) feeding on Gulkhaira (*Althaea officinalis*) in Chhattisgarh, India. Updated Version.

Pankaj Oudhia

## Introduction

Entomophagy and Entomotherapy are well known in Asia since generations. Unfortunately not much work has been done to document valuable Traditional Medicinal Knowledge about Insects. Pankaj Oudhia is documenting this knowledge since year 1990. The present note “Traditional medicinal knowledge about *Crociosema plebeiana* Zell. (Lepidoptera: Eucosmidae) feeding on Gulkhaira (*Althaea officinalis*) in Chhattisgarh, India.” is updated version of his previously published online research document available through [pankajoudhia.com](#).

**Keywords:** Entomophagy; Entomotherapy; Medicinal Insects; Ayurveda; Chhattisgarh;

According to the reference literatures Gulkhira (*Althaea officinalis*) is an ornamental herb, native to E. Europe. It is under cultivation in many parts of India. It is considered as one of the important medicinal herbs also. Its root is demulcent and emollient and an infusion of flowers recommended in bronchial catarrh and bronchitis. It is considered to be very useful herbal cough remedy. In Chhattisgarh, this herb is planted as ornamental herb in home and public gardens. The traditional healers are aware of its medicinal uses and properties. The traditional healers also use the insect species feeding on different plants parts of Gulkhaira as medicine. *Crociosema plebeiana* is one of these insect species. Through the Ethno-entomological surveys conducted among the traditional healers in recent past, I have collected valuable information on traditional medicinal uses of this insect. The full fed caterpillars are used both internally as well as externally in treatment. The traditional healers of Chhattisgarh are aware of use of Gulkhaira in treatment of respiratory troubles. Many healers add the dry caterpillar powder in Gulkhaira based formulations in order to increase its effectiveness. The full fed caterpillars are collected and after shade drying, converted into powder. They boil the freshly collected caterpillars in Sarson (Mustard seed) oil, when all watery contents evaporate, the boiling is stopped and oil is filtered. This special oil is considered very useful in treatment of Bavasir (Piles). The patients are advised to apply it on affected part. In general, the traditional healers prepare it in bulk at their homes and give it to the patients in limited quantity without disclosing its contents. This oil is very popular among the traditional healers. Its popularity clearly indicates its efficacy. In order to stop the bleeding from piles, as initial measures many healers suggest the patients to just apply the freshly collected caterpillars on it. The traditional healers are not aware of its other medicinal uses.

The above mentioned traditional medicinal uses have yet not been reported in reference literatures. As Gulkhaira and caterpillar both are common in many parts of the world, I am expecting that this information is of great importance for the researchers around the world.

### New Comments added on June 2014

*Through recent surveys I have collected information about 3000 Formulations in which Crociosema collected from Althaea is added as important ingredient. These Formulations are used in treatment of different diseases. In Habenaria, Vanda and Luisia based Formulations for premature ejaculation the Traditional Healers add Crociosema as septenary ingredient. In Malleola, Nervilia and Oberonia based Formulations for Mental Depression the Healers add Crociosema as octonary ingredient. In Goodyera and Geodorum based Formulations for diseases related to male genitalia the Healers add Crociosema as nonary ingredient. In Pachystoma, Vanda and Pecteilis based Formulations it is added as denary ingredient. These Formulations are used in treatment of nervine disorders. In Porpax and Pholidota based Formulations it is added as quaternary ingredient. These Formulations are used in treatment of gynecological diseases. In Rhynchostylis and Satyrium based Formulations for Kidney diseases the Healers add it as senary ingredient. For information on complete Formulations and dosage please visit [pankajoudhia.com](http://pankajoudhia.com)*

Thank you very much for reading the article.

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